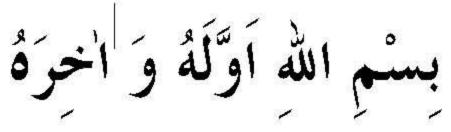
1.

Before eating



In the name of Allah ****** and upon the blessings of Allah ******. (*Al-Hisnul Haseen Pg. 141*)

2. When forgetting to recite the dua before eating



In the name of Allah in the beginning and the end. (Abu Dawood, Vol. 2, Pg. 173)

After eating

ٱلْحَمْدُ للهِ الَّذِيْ اَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مِنَ الْمُسْلِمِيْنَ الْمُسْلِمِيْنَ

All praise be to Allah ****** who gave us food and drink and made us Muslims.

(Al-Hisnul Haseen Pg. 144)

Before sleeping (1)

اللهم باسمك الموث واَحْيى

O Allah ﷺ, with Your name do I die and live. (Tirmidhi, Vol. 2, Pg. 178)

4.

3.

When awakening

اَلْحَمْدُ للهِ الَّذِي اَحْيَانَا بَعْدَ مَا اَمَاتَنَا وَالَيْهِ الْحَمْدُ للهِ اللهِ النَّاشُورُ النَّاشُورُ

All praise is due to Allah who has given us life after death and to Him is the return after death.

(Bukhaari Vol. 2, Pg. 934)

6. Before entering toilet with left foot

اللَّهُمَّ انِّي اَعُودُ بِكَ مِنَ الْخُبُثِ وَالْخَبائِثِ

O Allah ﷺ, I seek Your protection from the male and female Devil.

(Tirmidhi, Vol. 1, Pg. 3)

7. After leaving toilet with right foot

غُفْرَانَكَ ٱلْحَمْدُ لِلهِ الَّذِيْ آذْهَبَ عَنِيْ ٱلْآذَى وَعَافَانِيْ وَعَافَانِيْ

I seek Your pardon. Praise be to Allah ****** who removed from me discomfort and gave me relief.

(Ibnu Majah, Pg.26)

5.

8. When thanking someone

جَزَاكَ اللهُ ْ خَيْرًا

May Allah 🏙 reward you well. (Tirmidhi Vol. 2, Pg. 11)

9. When sneezing

الْحَمْدُ لله

All praise be to Allah 🏙

The listener's reply

يَرْحَمُكَ اللهُ

May Allah ***** have mercy on you.

The sneezer's response

يَهْدِيْكُمُ اللهُ ۗ

May Allah se guide you. (Abu Dawood, Vol. 2, Pg. rrs)

رَبِّ زِدْنِيْ عِلْمًا

O My Lord, Increase me in knowledge. (Sura Ta'ha, S.20/V.114)